

The training Flourishing

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The training Flourishing

*Designed for professionals in healthcare and in education,
as well as for relatives.*

- Developed by the Quality of Life Centre
- 6 days (4 parts, 2 reflection days)

The training Flourishing

“The capability approach: is a new paradigm in healthcare that focuses on equal citizenship, in which all people have a right of a nice and dignified life and have really access to that society.”

- Framework for quality of life
- Narrative framework
- Normative framework



The training Flourishing

Cooperation between professionals and relatives is necessary to search for dignified alternatives

- Gives students direction in awareness, in vision, in values, in acts and offers the possibility of reflection.
- Uniqueness of the training: both for professionals and relatives

The following subjects are discussed

In this way people can be who they want to be, can do what they want to do!

- The professional and the relative in the organization
- The professional and the relative as a person
- The professional and the relative in the field

Five stage model

A further professionalization of a moral practice

- Phase 1 Exploring
- Phase 2 Acknowledgement
- Phase 3 Experimentation
- Phase 4 Recognition
- Phase 5 Evaluation

The phases of the model correspond to the days of the training

Practice

The person is the person and the problem is the problem

- People with severe disabilities are frequently excluded and stigmatized.
- The problems are mainly attributed to the person and not to the society. Whereby problems are concealed and nothing needs to be done to make changes.
- Justice problem

Capability Approach - Nussbaum

*“People with severe limitations are people, nothing more, nothing less but so far they are not integrated in the existing society as such”
(Nussbaum, 2006, p.16).*

- Framework for prevention of inequality.
- Quality of life and the position of traditionally excluded people. Also when it comes to a small number of people.

Concept of citizenship

To live a life as normal as possible, as a worthy member of society!

- Individuality and rights- and- care and dependency
- Purpose: inclusion, empowerment & de-institutionalization.
- Internal capabilities and external capabilities.
- A way of thinking outside the existing frameworks and existing systems.
- A new perspective to a dignified life.

What does this mean for professionals?

Other competences and qualities, and a different way of thinking

- Focus: the personal life, the living conditions, the way of living and the living culture
- Listening to one's life-story and living environment
- Everyday situations

To think in possibilities

Professionals can influence the environment

- The possibilities of the individual
- A regular living environment
- Increasing the living environment

The sensitivity to do the right thing

“We have to recognize that empathy is a moral value, namely a recognition of the other as a centerpiece of his own experience world”

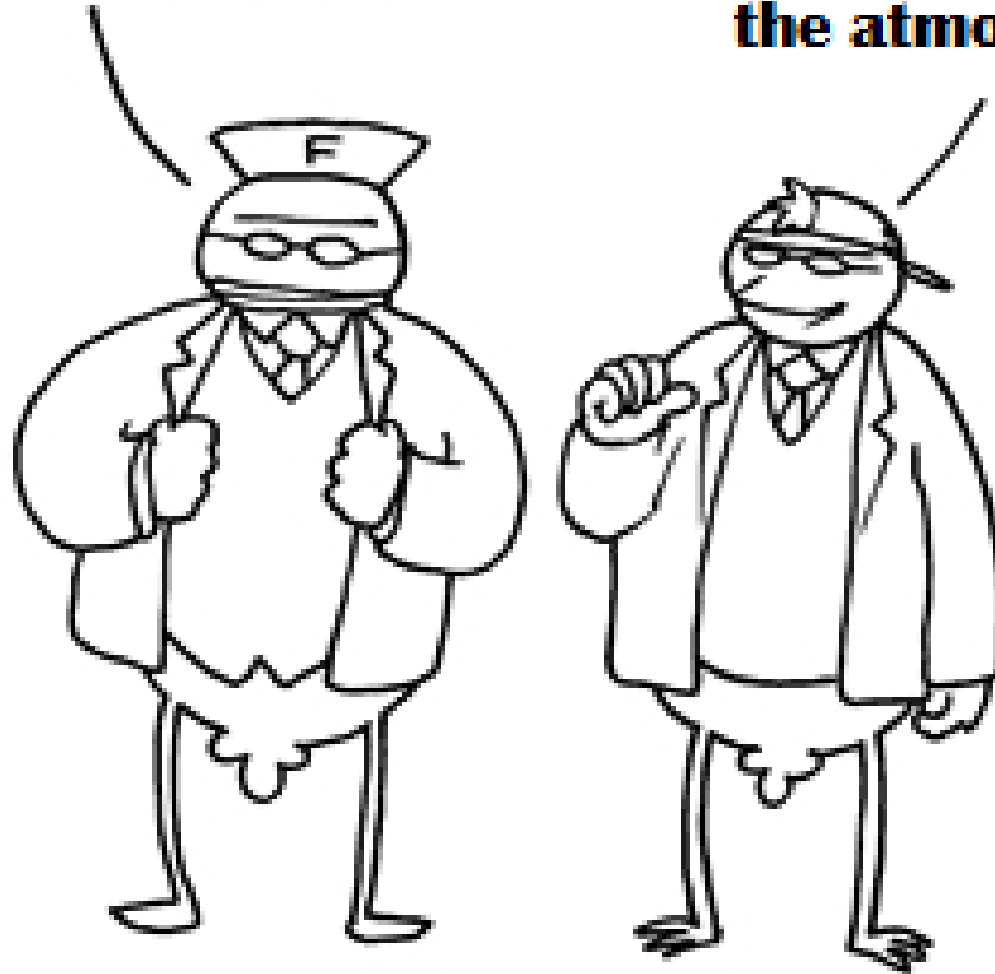
- Moral skills & a moral basic attitude of professionals
- **Narrative imagination**
- A moral skill to want to ‘read’ the other from its uniqueness.
- Imagining alternatives

FOKKE & SUKKE

have the right core competencies

I can really well fire people

**...and I am a star in destroying
the atmosphere**



RGVT

Finally

Narrative way of thinking

Stories that make us learn

- The training offers a perspective in order to encourage the dignity of people with disabilities and their relatives in the direction of a moral thriving life.
- Reflection and dialogue
- In this way people with disabilities and their relatives get a chance to flourish!



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